



# YOGASANA BHARAT

(Earlier Known as National Yogasana Sports Federation)

Registration No. S/ND/1042/2020

Recognized by Ministry of Youth Affairs and Sports, Government of India

Affiliated to World Yogasana

Associate Member : Indian Olympic Association



Udit Sheth  
President

Dr. Jaideep Arya  
Secretary General

Rachit Kaushik  
Treasurer

Guinness World Record Holder Organization

File No. YB/5/2024-25

Date: 04.08.2024

Dr. Sanjay Malpani  
Vice President

Dr. Ananda Balayogi  
Bhawanani  
Vice President

Rakesh Kumar  
Vice President

Ved Prakash Sharma  
(Retd. IPS)  
Joint Secretary

Dr. Aarti Pal  
Joint Secretary

Dr. C V Jayanthi  
Joint Secretary

Nandanam Krupakar  
Joint Secretary

Rohit Kaushik  
Member

Bikas Goswami  
Member

Shyamal Ta  
Member

Pukhrambam  
Birpradash  
Member

## NOTIFICATION

To,

1. The President/ Secretary,  
State/UT Yogasana Sports Association
2. The Assistant Secretary,  
All India Police Sports Control Board, New Delhi.
3. The Deputy Secretary (Sports & Academics),  
Central Board of Secondary Education

**Subject: A. To note the new cut off date i.e 31<sup>st</sup> March 2024 for the year 2024-25.**

**B. Cut off date for the year 2025-26 will be 1<sup>st</sup> January i.e for the next year.**

Dear Brother/Sister,

On the demand of the different state President/ Secretary/ Athletes, we are hereby with drawing the notification dated 30.07.2024 via email. It is hereby informed that the date for calculation will be 31<sup>st</sup> March 2024 during this year i.e 2024-25.

It is also hereby notified that from next competition year 2025-26, the cut off date for the age calculation will be 1<sup>st</sup> January 2024.

Sincerely,

**Dr. Jaideep Arya**  
Secretary General

महासचिव / Secretary General  
योगसन भारत / Yogasana Bharat  
पंजीकरण संख्या एस/एन डी/1042/2020  
Registration No.S/ND/1042/2020  
परिसर: गुरु गोरखनाथ मंदिर, पॉकेट-1,  
सेक्टर-7, द्वारका नई दिल्ली-110075  
Campus of Guru Gorakhnath Mandir, Pocket-1  
Sector-7, Dwarka, New Delhi-110075

### Copy to:

1. Dr. Aarti Pal, Joint Secretary (Technical), Yogasana Bharat.
2. Sh. Umang Dawn, Director, Technical Committee, Yogasana Bharat.
3. Adv. Peeyushkant Mishra, Director, Organizing Committee, Yogasana Bharat.

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

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गुरु गोरखनाथ मंदिर परिसर, फेज 1, पॉकेट 3, सेक्टर 7, द्वारका, नई दिल्ली -110075, भारत.