

Dr. Sanjay Malpani
Vice President

Dr. Ananda Balayogi
Bhawanani
Vice President

Rakesh Kumar
Vice President

Ved Prakash Sharma
(Retd. IPS)
Joint Secretary

Dr. Aarti Pal
Joint Secretary

Dr. C V Jayanthi
Joint Secretary

Nandanam Krupakar
Joint Secretary

Rohit Kaushik
Member

Bikas Goswami
Member

Shyamal Ta
Member

Pukhrambam
Birpradash
Member

CIRCULAR

To,

1. The President/ Secretary,
State/UT Yogasana Sports Association
2. The Assistant Secretary,
All India Police Sports Control Board, New Delhi
3. The Dy. Secretary (Sports & Academics),
Central Board of Secondary Education, New Delhi.

Subject: 1st National Yogasana TSR Training Program 2024-25.

Respected sir/madam,

We are pleased to inform you that 1st National Yogasana TSR Training Program 2024-25 is in the month of August 2024 through virtual mode. The training will be conducted in 4 zones as under:

Zone	Dates	States
East Zone	12 th to 14 th August 2024	Assam, Meghalaya, Manipur, Tripura, West Bengal, Jharkhand, Bihar, Odisha
West Zone	15 th to 17 th August 2024	Rajasthan, Gujarat, Madhya Pradesh, Chhattisgarh, Maharashtra, Goa, Daman & Diu
North Zone	19 th to 21 st August 2024	Delhi, Chandigarh, Jammu & Kashmir, Haryana, Punjab, Himachal Pradesh, Uttarakhand, Uttar Pradesh
South Zone	22 nd to 24 th August 2024	Andhra Pradesh, Telangana, Karnataka, Kerala, Tamil Nadu, Pondicherry

The details of the training program is as under:

1. The TSR training will be through virtual mode (Zoom platform).
2. Daily 2 hours of training for 3 days. Timing will be 8.30 PM to 10.30 PM.
3. The candidates attending the training program must be techno savvy and must have basic knowledge of laptop/computer.
4. From each state maximum 5 candidates can participate in the above said training program.

In campus of Guru Gorakhnath Mandir, Phase 1, Pocket 3, Sector 7, Dwarka, New Delhi-110075, India.

T: +91(11)42636206 | E: secretariat@yogasanabharat.com

गुरु गोरखनाथ मंदिर परिसर, फेज 1, पॉकेट 3, सेक्टर 7, द्वारका, नई दिल्ली -110075, भारत.



YOGASANA BHARAT

(Earlier Known as National Yogasana Sports Federation)

Registration No. S/ND/1042/2020

Recognized by Ministry of Youth Affairs and Sports, Government of India

Affiliated to World Yogasana

Associate Member : Indian Olympic Association



Udit Sheth
President

Dr. Jaideep Arya
Secretary General

Rachit Kaushik
Treasurer

Guinness World Record Holder Organization

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5. Fee for the training program will be Rs. 500/- (Rupees Five Hundred only) per person.
6. Trainees must have their own laptop/ pad.
7. In the training program, candidates will be given basic training about handling of the Yogasana TSR so that they will be equipped with feeding of athletes details in software and how to use TSR during state competition.

In view of the State associations are hereby requested to nominate maximum 5 techno savvy persons for the above said training program. Their name, mobile number, email id must be sent on letterhead of association. Last date of nomination is 9th August 2024.



Rachit Kaushik
Director

Education & Training Committee

Copy to:

1. The President, Yogasana Bharat, New Delhi.
2. The Secretary General, Yogasana Bharat, New Delhi.
3. The Executive Council, Yogasana Bharat, New Delhi.

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